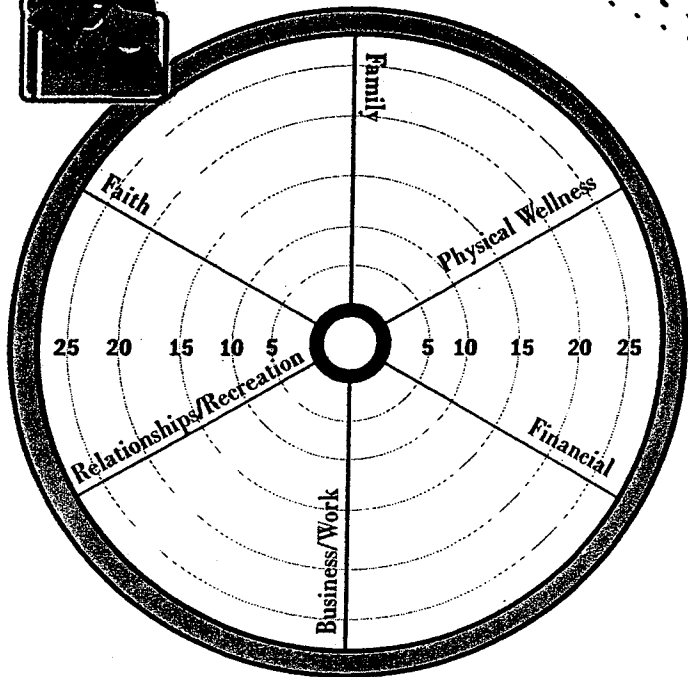




Personal Planning Sheet

10:35 - 11:15 am

Life Wheel



Set individual fine/penalty for each item based on importance to you.

"Stop Doing" List

	New or "carry over"	Due Date	Personal Fine
Faith			
Family			
Physical Wellness			
Financial			
Business/Work			
Relationships/Recreation			

To Do" Commitment List

	New or "carry over"	Due Date	Personal Fine
Faith			
Family			
Physical Wellness			
Financial			
Business/Work			
Relationships/Recreation			

Total # of "To Dos" ____ Total # of "Stop Doings" ____ # Hit ____ # Missed ____





Personal Planning Wheel - Monthly Assessment

10:35 - 11:15 am



Faith

- 1) I am spending consistent time daily/weekly in God's Word.
- 2) My prayer life consistent and meaningful.
- 3) I am regularly attending church.
- 4) I am tithing finances to God's Kingdom.
- 5) I am demonstrating an "attitude of gratitude."

1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5

TOTAL

Family

- 1) Generally speaking, my family life is in order.
- 2) I am investing enough personal one on one time with my spouse.
- 3) I am investing enough one on one time with my child(ren).
- 4) At this time, all of the key relationships with my family are in harmony.
- 5) My family is honoring God with the way we treat and speak to one another.

1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5

TOTAL

Physical Wellness

- 1) I am disciplined in maintaining a healthy diet.
- 2) I am regularly and consistently exercising.
- 3) I am pleased with my overall physical health.
- 4) I am getting enough sleep.
- 5) I am taking time to "get away" for personal reflection and refreshment.

1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5

TOTAL

Financial

- 1) Overall, my "financial house" in order.
- 2) I am giving to God's Kingdom.
- 3) I believe God is pleased with how I am utilizing my financial resources.
- 4) I am reducing my current debt load.
- 5) I am disciplined in adhering to a monthly financial budget.

1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5

TOTAL

Business/Work

- 1) My company has clearly defined goals (OPBP) Action Plans for this month/quarter.
- 2) I have a clear understanding of my company's financial health/status at this time.
- 3) I am reading/studying books/materials that are improving my business knowledge.
- 4) I can document at least one "business improvements" accomplished this month.
- 5) I can document this month where I "ministered" in/through my business.

1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5

TOTAL

Relationships/Recreation

- 1) I am intentionally scheduling time with friends each month.
- 2) At this time, all relationships with my friends are in harmony.
- 3) I am taking time to "encourage" friends through calls, letters, emails.
- 4) I am scheduling time for fun in my life each month.
- 5) I am intentionally and regularly taking time to "celebrate" personal victories.

1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5

TOTAL

Review your scores to the questions above. In each area, total the number of points-place that number accordingly in each area of your Life Planning Wheel. (25 pts. in each category and 150 pts. total possible) Then connect the dots and see how "round" your Life Wheel is. Plot your monthly totals on the sheet at the front of your T@W Binder on the Life Assessment Graph.

Total pts.

